Casting Correctly

Seven steps for casting:

1. Hold your rod at waist level and parallel to the ground, and let out or wind in your line until you have about 40-50 cm of line out from the rod tip.

2. Hold the rod in your casting hand with two fingers either side of the reel foot.

3. Bring the line roller around into a position directly under the rod.

4. Next hold the line against the rod with your index finger, slightly down from the spool.

5. Keep holding the line and open the bail arm with your free hand.

6. Look behind you to make sure that the area is clear and bring the rod back to a 2 o'clock position.

7. Looking forward at the area that you wish to cast to, bring the rod forward in a smooth movement, releasing the line from your index finger at a 10 o'clock position.