Surf Rescue Certificate –
Introduction
Housekeeping

- Facilities
- Emergency exits
- Phones off
- Paperwork
- Online Induction Program must be completed prior to the assessment (all information is contained within the confirmation email forwarded upon registration)

NOTE - Please complete and sign:
- Student Overview and Assessment Agreement in your Assessment Portfolio
- Enrolment form (if not registered via the online member training from anywhere website) including signature on the second page
Session Overview

• Course outline and structure
• Resources available
• Assessment
• SLS background
• SLS structure
• Member Protection Policy
• Further training
• Induction checklist
• Orientation to the club
Outline of key topics

- Induction
- Safety and well-being
- Surf awareness and skills
- The human body
- Resuscitation
- Defibrillation and basic oxygen
- First aid
- Communications
- Radio operations
- Rescue techniques
- Carries and supports
- Beach Management
Resources

- 34th Edition *Public Safety and Aquatic Rescue Training Manual*
- Online resource (if available for your course)
- PowerPoints
- Learner Guides
- Delivery and Assessment Guides
- Trainers, Assessors and Facilitators
- Other participants (e.g. study/training partners)
- Existing members (e.g. fitness training, coaching)
Assessment

• Assessment Purpose:
  – To demonstrate your competence

• Assessment Process:
  – Practical and theory assessment including scenarios
  – RPL/RCC option

• Training and Assessment policies:
  – Complaints
  – Assessment appeals
Origins of surf lifesaving and lifeguarding in Australia

- More than 100 years of history and tradition involving both volunteers and paid lifeguards

- See table in 34th Edition (Revised July 2016)

- SLSA is part of International Life Saving Federation (ILS)

- The Bronze Medallion is the core award required to be a surf lifesaver
Drowning Prevention

The ILS has identified four factors that may lead to drowning.

• Lack of knowledge, disregard or misunderstanding of the hazard.
• Uninformed, unprotected or unrestricted access to the hazard.
• Lack of supervision or surveillance.
• An inability to cope once in difficulty.
Core SLSA activities

• Community Safety
• Health and Fitness
• Education and Training
• Member education
• Community education
• Leadership
• Australian Coast Safe Services
SLS Structure

SLSA

State Centres

Clubs
SLSA Member Protection Policy
and SLS Codes of Conduct

• Respect the rights, dignity and worth of others;
• Be fair, considerate and honest in all dealings with others, and be a positive role model;
• Make a commitment to providing quality service;
• Be aware of, and maintain an uncompromising adhesion to SLSA’s standards, rules, regulations and policies;
• Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age;
• Contribute to the provision of a safe environment to the conduct of all activities within surf lifesaving;
• Abide by the relevant role specific codes of conducts
Further training opportunities

- Aquatic rescue
- Emergency care
- Beach management
- Powercraft
- Helicopter
- Training and Assessing
Induction Checklist

- Paperwork re: Working with Children
- Policies and procedures (SOPs)
- WHS, including local hazards
- Training structure and opportunities
- Local requirements
- Workplace orientation
Orientation

• SLSA and State/NT Policies and SOPs

• Public Safety and Aquatic rescue Training Manual 34th Edition (Revised July 2016)

• Service layout: walk through, specific hazards

• Next Session: Time, date and topic

• Membership and Child Protection forms

• Questions?
Learning Activities

Introduction Learning Questions:

• Please complete Learning Activity Question One in your Assessment Portfolio, page 11

• Please complete Learning Activity Question Two in your Assessment Portfolio, page 11